



Your source for substance abuse prevention information, brought to you by the Minnesota Prevention Resource Center

# **EVENTS**



October 24-25, 2019

Duluth, MN

CALL FOR PRESENTERS
Submit an application to present at this year's conference!

We welcome proposals for workshops which offer participants a range of information, strategies, skills, and/or tools to support their substance abuse prevention efforts. Application deadline is March 29.

**Details** 

# **FEATURES**



The Minnesota Prevention Resource Center Presents

# **Get to Know a Prevention Champion**

NAME: Laura Palombi

**OCCUPATION:** Assistant Professor, College of Pharmacy, Pharmacist

LOCATION: University of Minnesota - Duluth, MN

How does your work contribute to alcohol, tobacco, and other drug prevention in MN?



I'm fortunate to work with rural coalitions, public health departments, educational institutions and health care institutions to find community-specific solutions to the opioid crisis. These partnerships came about through my research and the interest of U of MN Extension in impacting the opioid crisis in rural communities. Through focus groups, interviews, and checkins with these partners, we learn more about substance use and the technical assistance needs of rural communities. With Extension's educational resources and capacity, we work to design trainings and interventions that can be used to build recovery capital. Recovery capital is a concept that includes all of the positives in life that support both prevention and recovery. Our lessons learned and "best practices" are available for communities at www.opioid.umn.edu.

## RESOURCES



Filter and find resources to support your prevention work on our website resources pages <u>here</u>.

## Tips for Engaging with Prescribers to Prevent Opioid Misuse

This resource outlines important steps and considerations for engaging prescribers in prevention efforts. It includes a list of outside resources that might be helpful supplements. Click here to access and download.

Source: Substance Abuse and Mental Health Services Administration

# PREVENTION NEWS

## **TOBACCO**

<u>Bill to raise statewide age to buy tobacco products to 21 gains momentum (Fox 9)</u> <u>Minnesota asks Big Tobacco firms: Where's the money?</u> (StarTribune)

### OPIOIDS AND OTHER DRUGS

\$1.5 million in grants target opioids in rural northern Minnesota (Pine Journal)

### **MARIJUANA**

How safe is CBD oil? (MN Spokesman-Recorder)

<u>Evaluation of marijuana policies and youth marijuana use</u> (American Journal, Drug & Alcohol Abuse)

University of MN survey links regular marijuana use to lower grades (StarTribune)
Legalized marijuana in MN? For medical use, yes; for open adult use, not yet (op-ed)
VERIFY: How much tax revenue could recreational pot bring to Minnesota? (Kare11)
What would legalizing recreational pot look like in Minnesota? (Kare11)
VERIFY: Impact of legalized marijuana on our roads (Kare11)

#### **ALCOHOL**

More young adults binge-drinking well into their 20s (Reuters)

## **OPPORTUNITIES**

# Minnesota Prevention Resource Center is hiring a Communications Coordinator!

This person will lead the marketing and communications strategy for the project. The purpose of this position is to:

- 1) engage current and prospective users in accessing project services and
- 2) create engaging, easy-to-understand content which makes the projects' resources captivating and easy to navigate.

**DETAILS** 





# <u>Tackling the Opioid Crisis: What State</u> <u>Strategies Are Working?</u>

- Tracking opioid prescribing
- Expanding access to Naloxone
- Increasing medication-assisted treatment
- Engaging corrections
- Ensuring treatment in rural areas
- Expanding Medicaid

# <u>Rural Philanthropy Toolkit</u>

The toolkit provides steps and resources for connecting with

philanthropic organizations and examples of emerging strategies in rural communities





# Youth In Educational Leadership Summit

March 30th at Patrick Henry High School

The Minnesota Youth Council will be hosting the very first Youth in Educational Leadership Summit (YELS) for 8 – 12 graders. This exciting day full of trainings and workshops is designed and facilitated by their peers. We also invite teachers, coaches, parents, and other mentors to participate in our student facilitated Adult Partner track, where they will learn how to best support young leaders.

# Advances in Understanding and Addressing Underage Drinking

This feature offers the latest on what can be done to prevent or reduce underage drinking or catch problem drinking early on. It also covers what has been learned about how alcohol use impacts the developing brain.





### **Grant announcements:**

<u>Strategic Prevention Framework - Partnerships for Success</u>

Eligibility is limited to Federally recognized American Indian/Alaska Native (AI/AN) tribes, tribal organizations, Urban Indian Organizations, or consortia of

tribes or tribal organizations and domestic public or private non-profit entities. Due Date: 3/29/19. Recipients who have received funding under SP-16-003 and SP-18-008 are not eligible to apply.

## Sober Truth on Preventing Underage Drinking Act

Due Date: 3/22/19. Eligible recipients must be current or former DFC grant recipients.



<u>Promotional Video</u> - showcasing the work of incredible people across the country investing in their communities and in prevention.

Resource Calendar and Planning Guide

<u>Planning Toolkit</u> - for planning an event or activity

# **UPCOMING TRAININGS**

See details about these trainings and others on our website <a href="here!">here!</a>

We are all confronted with ethical decisions in our personal and professional lives.

March 29, 2019 in Bloomington, MN

Registration deadline is March 8!



Register



ADVOCATING FOR CHANGE • TRAINING THE TEAM

## <u>Live Online Training: Transforming Adverse Childhood Experiences</u>

March 14, 1:00-2:30

Learning Objectives:

- Learn how to help youth transform adverse childhood experiences (ACEs) to build resiliency, self-worth, and confidence
- Develop skills for recognizing and letting go of your own biases
- Understand how to build and restore personal connections with youth as well as adults
- Gain tools to help youth define and develop their inner voice and tap into their unique purpose

## On Demand Training: Youth Empowerment

Learning objectives:

- Defining youth engagement
- Understanding the importance of "Engagement Before Empowerment"
- Gearing your agency for youth empowerment
- Understanding the competition

### **SMALL FAMILY FOUNDATIONS**

March 19, 9:00 to noon Saint Mary's University Center, Minneapolis

#### Learn:

WHO these small family foundations are WHAT these foundations are funding – and what they want from you HOW to approach them – first steps, strategies, building relationships





### YOUTH ENGAGEMENT MATTERS

3 Wednesdays - 5/1, 5/8 and 5/15, 9:00 - 2:00 University of Minnesota, St. Paul campus

This 3-session short course is based on the Rings of Engagement, which shows the range of youth engagement and youth-adult partnerships. It teaches four ways to engage youth.

We encourage feedback on how we can improve MN-Prev, and hope you will share with others who work in prevention!



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