



Minnesota Prevention Programming

A tapestry woven and weaving



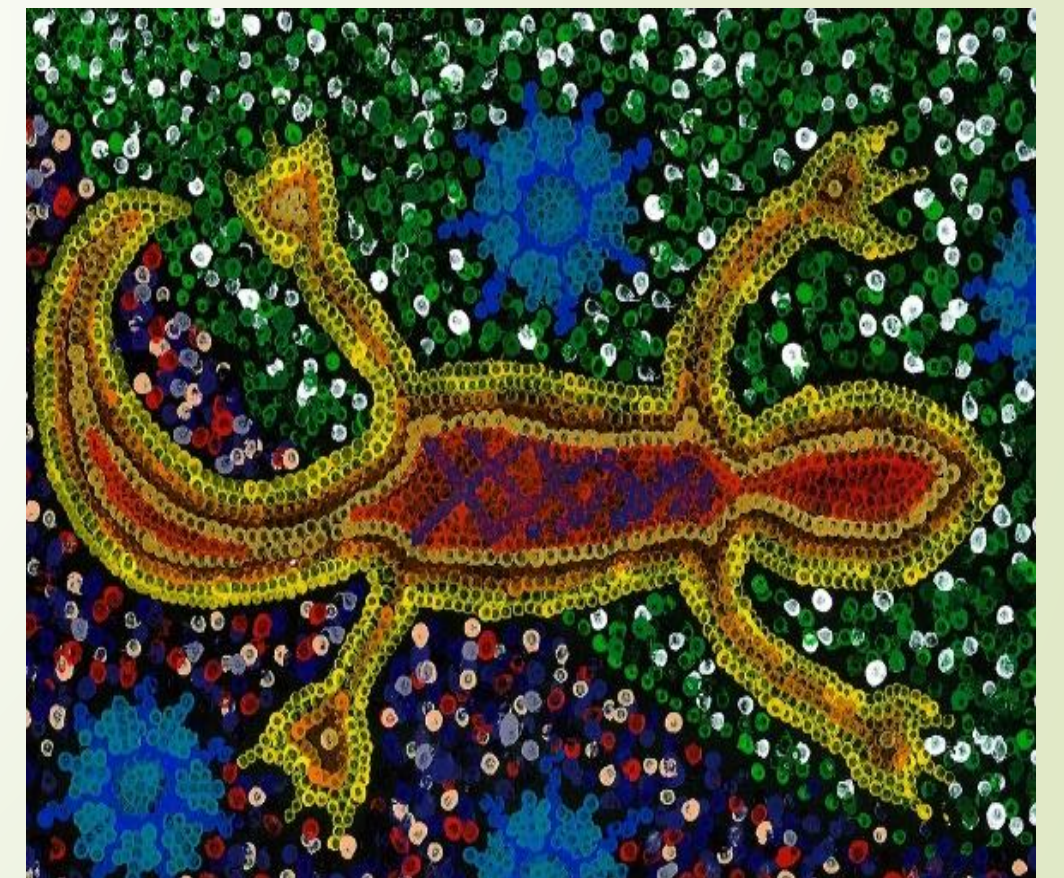
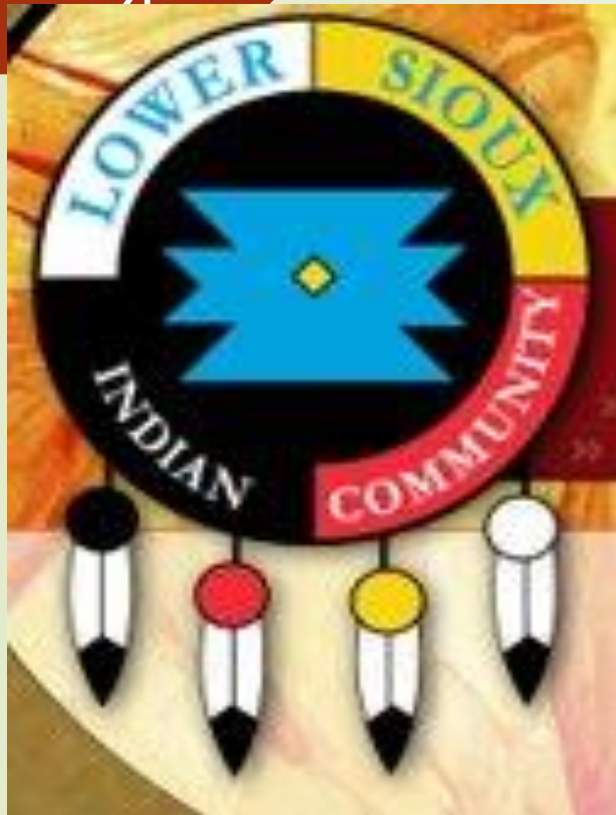
Gratitude



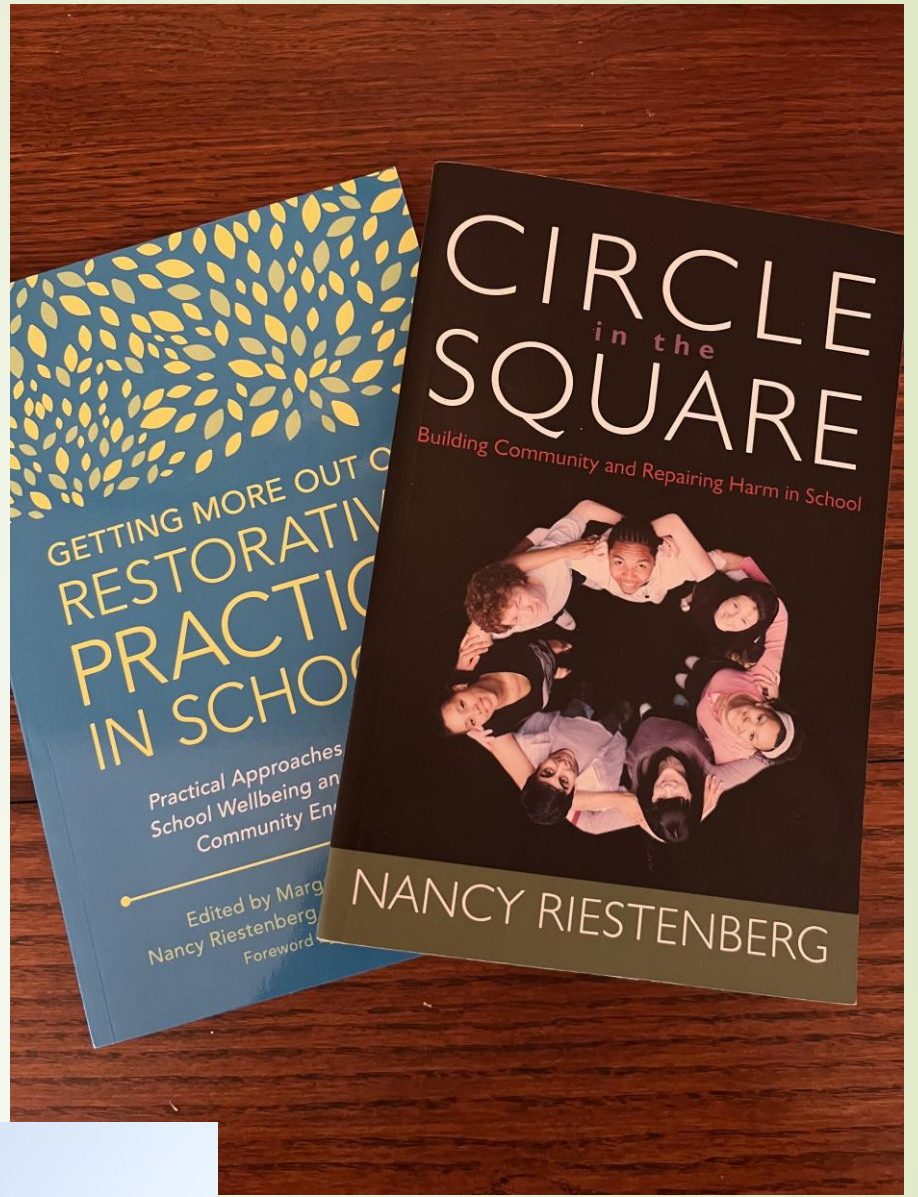
breathe

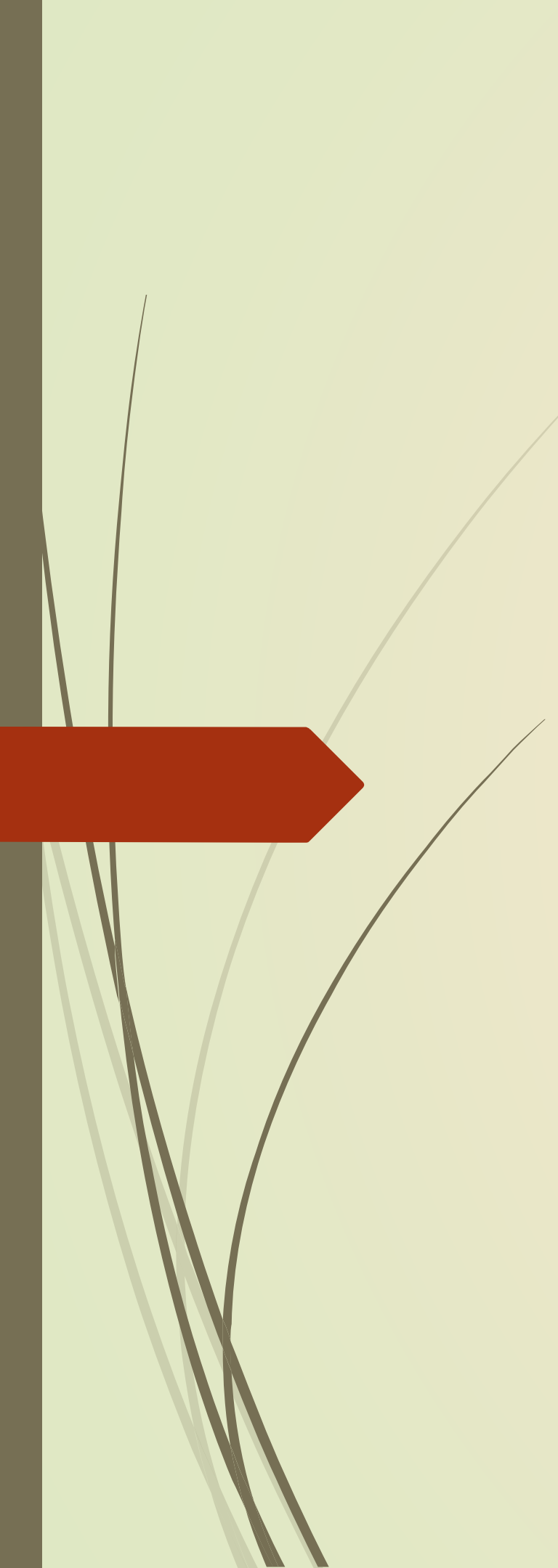


Indigenous Knowledge and Worldview



[Restorative Mindset: An Overview](#)





Stand as you are able, take 5 steps,
introduce yourself to someone you
don't know so well, if at all.

Name,

pronouns that make you feel seen,

how many times you have attended Program Sharing, and

a hidden skill.

Woven, Weaving

Frame

Warps

—vertical and stationary

Weft

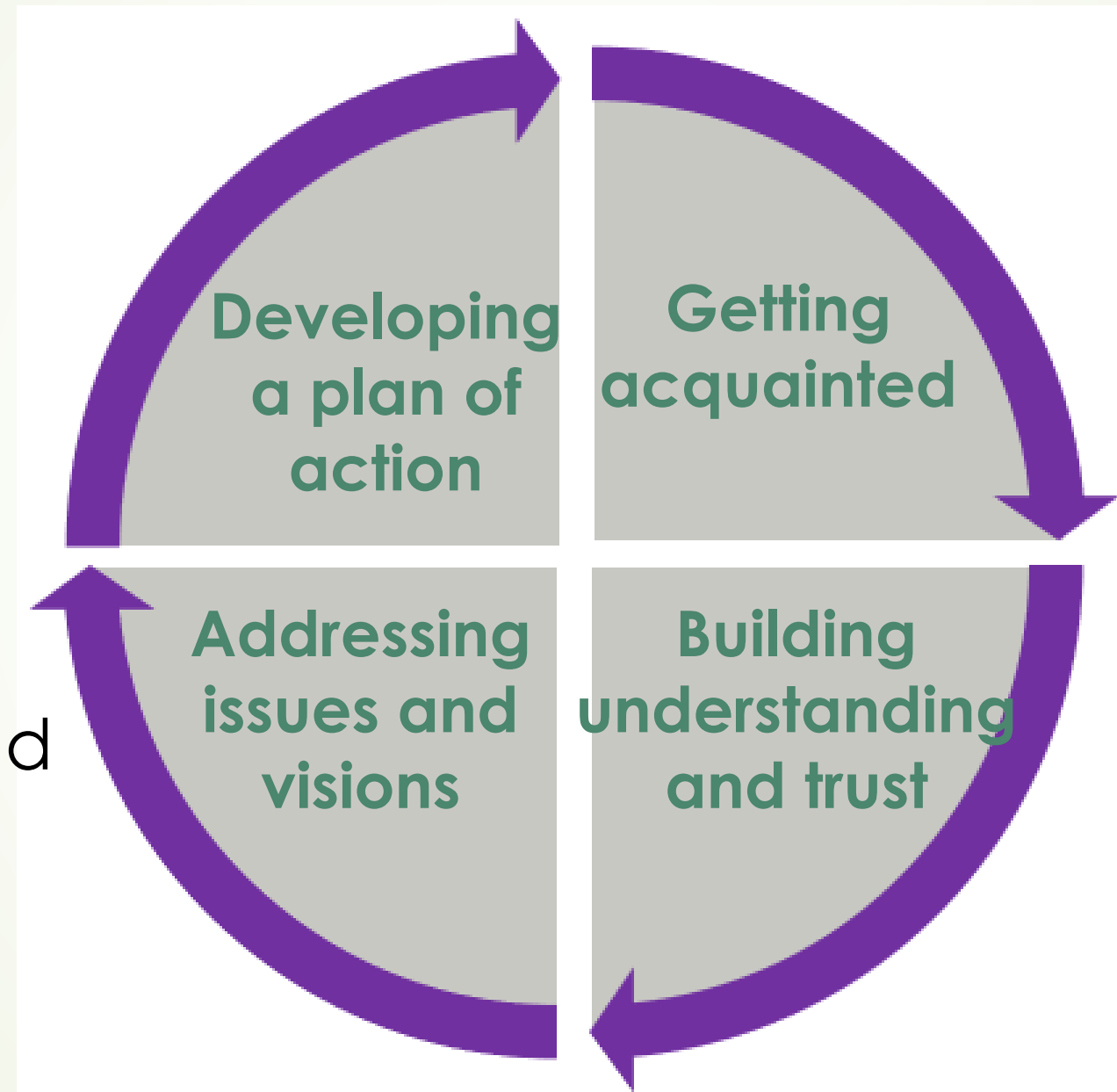
—horizontal and drawn through



Our Time Together

- What is your frame, your warp and weft?

Prevention learnings and challenges
Using restorative practices

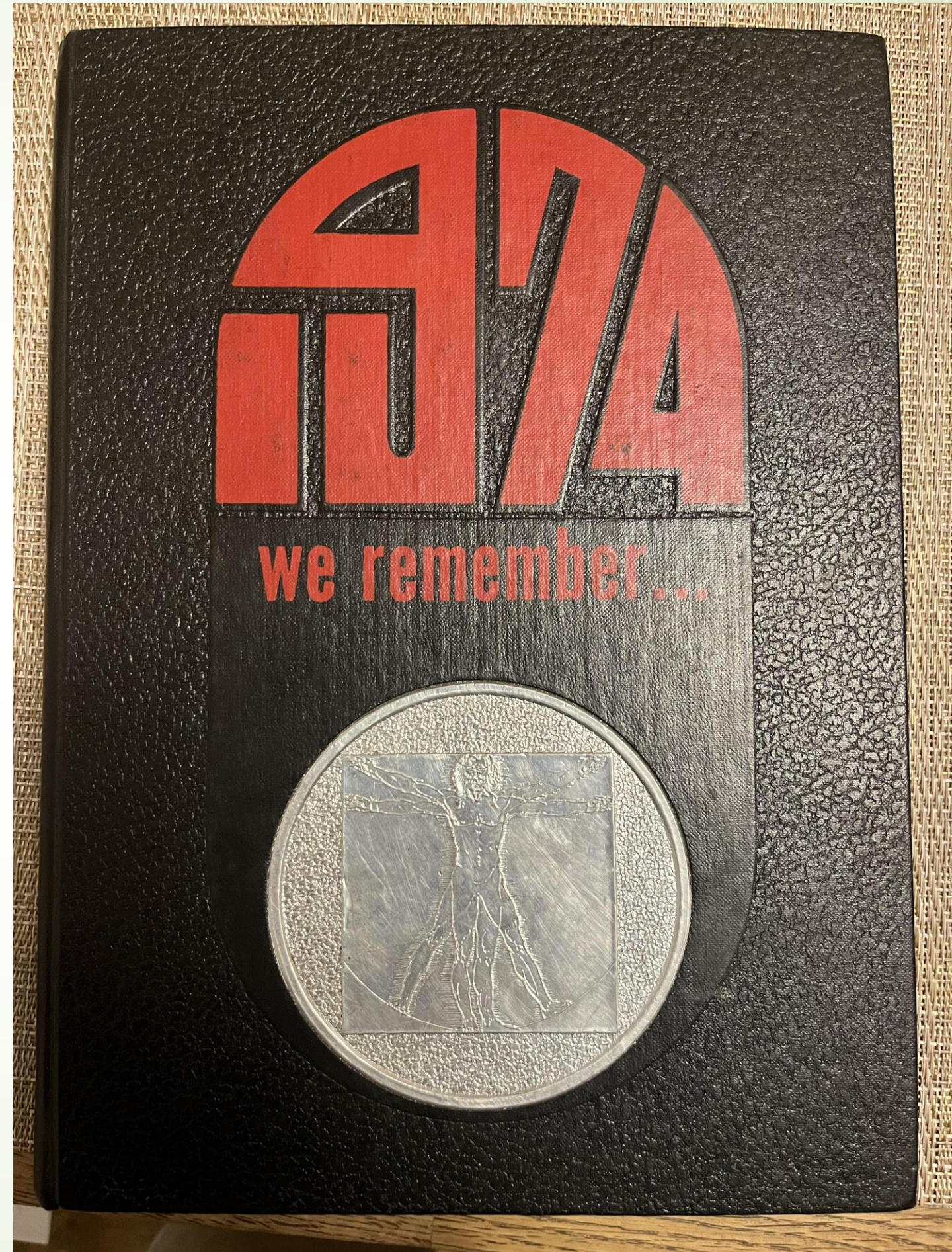


- Welcome
- Centering routines
- Introductions

- Reaching back for seeds to take to the future

History--1974

What Happened?

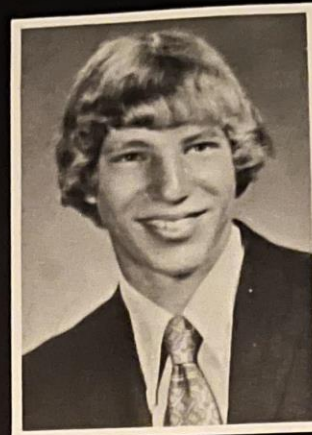




Carol Palubicki



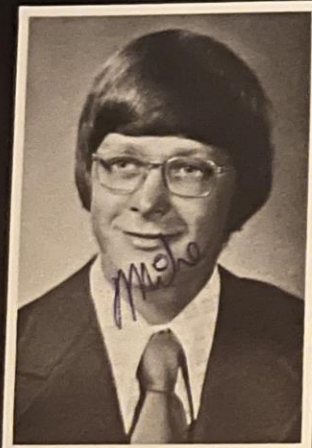
Stephanie Palubicki



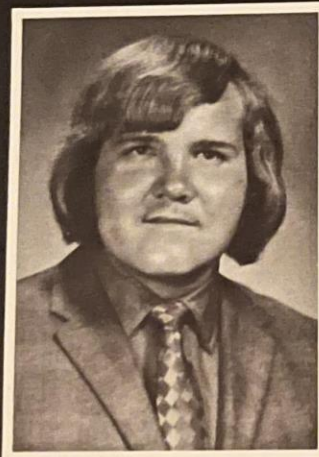
Dale Pfeffer



JoAnne Quirani



Mike Ramsey



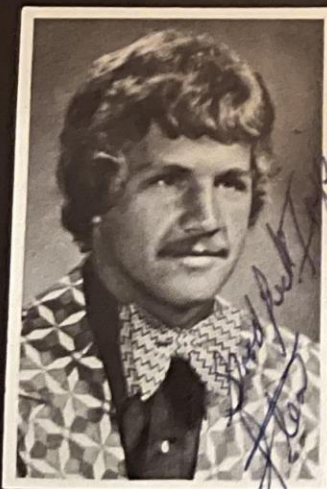
Ken Rastett



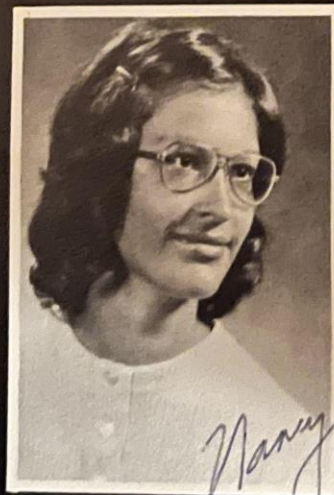
Marilyn Richards



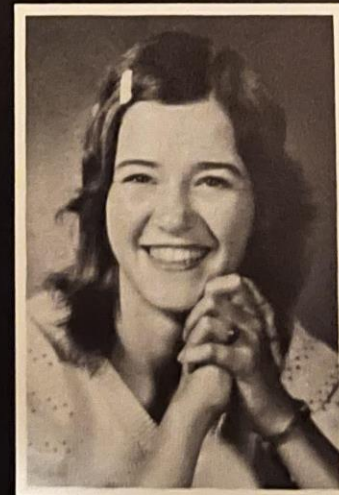
Russell Richter



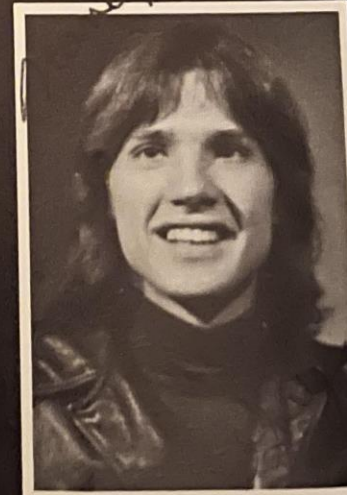
Steve Schuler



Nancy Kriestenberg



June Romann

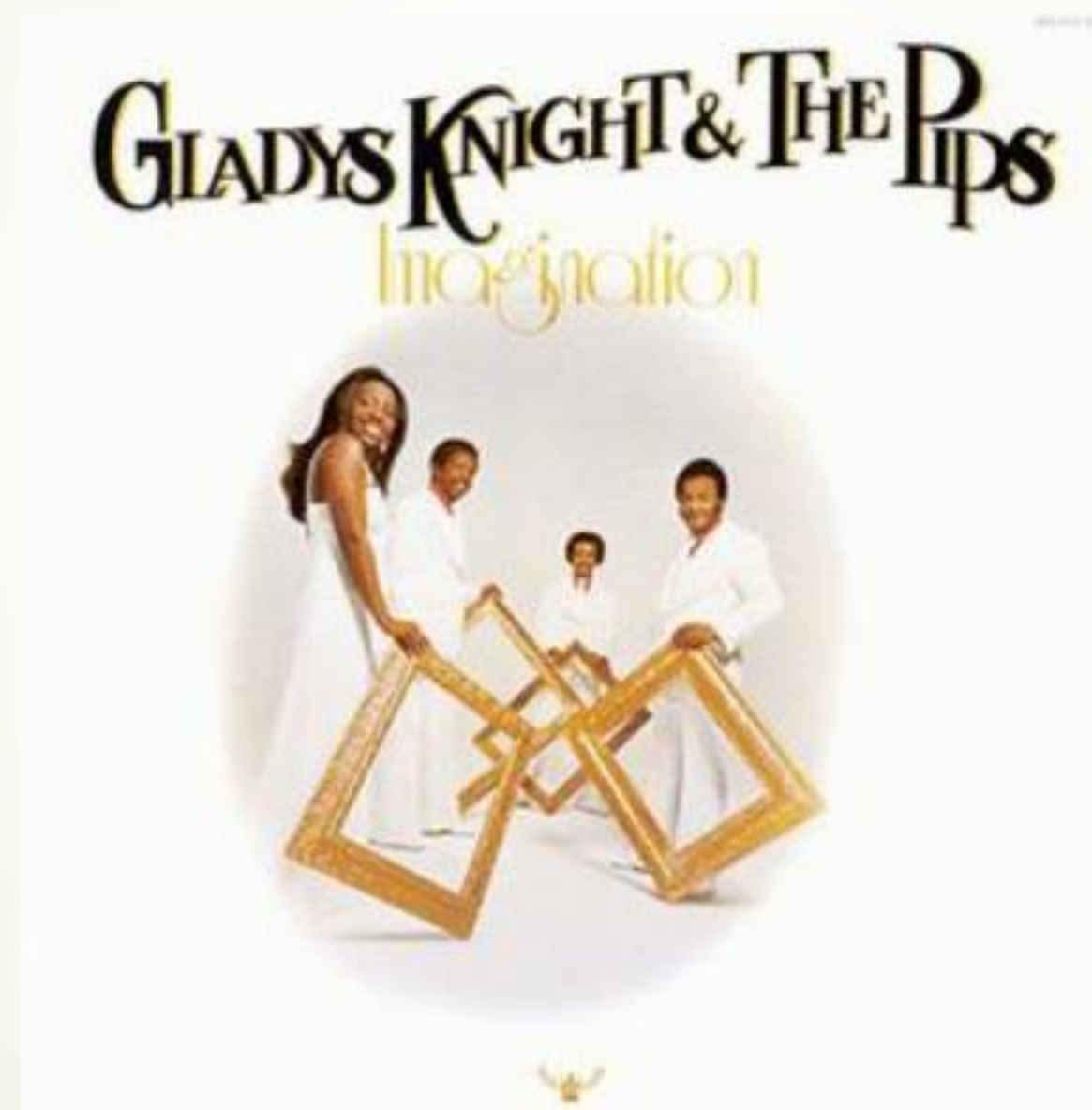
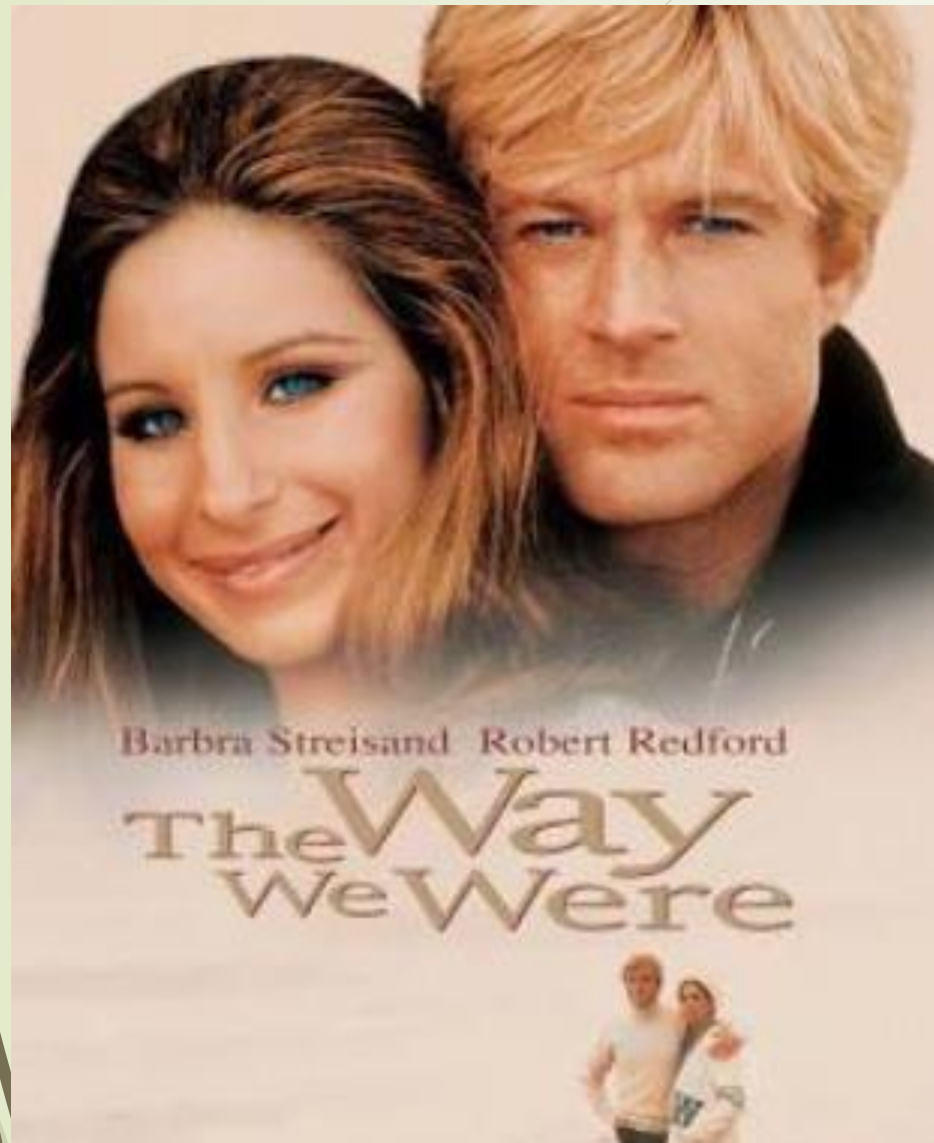


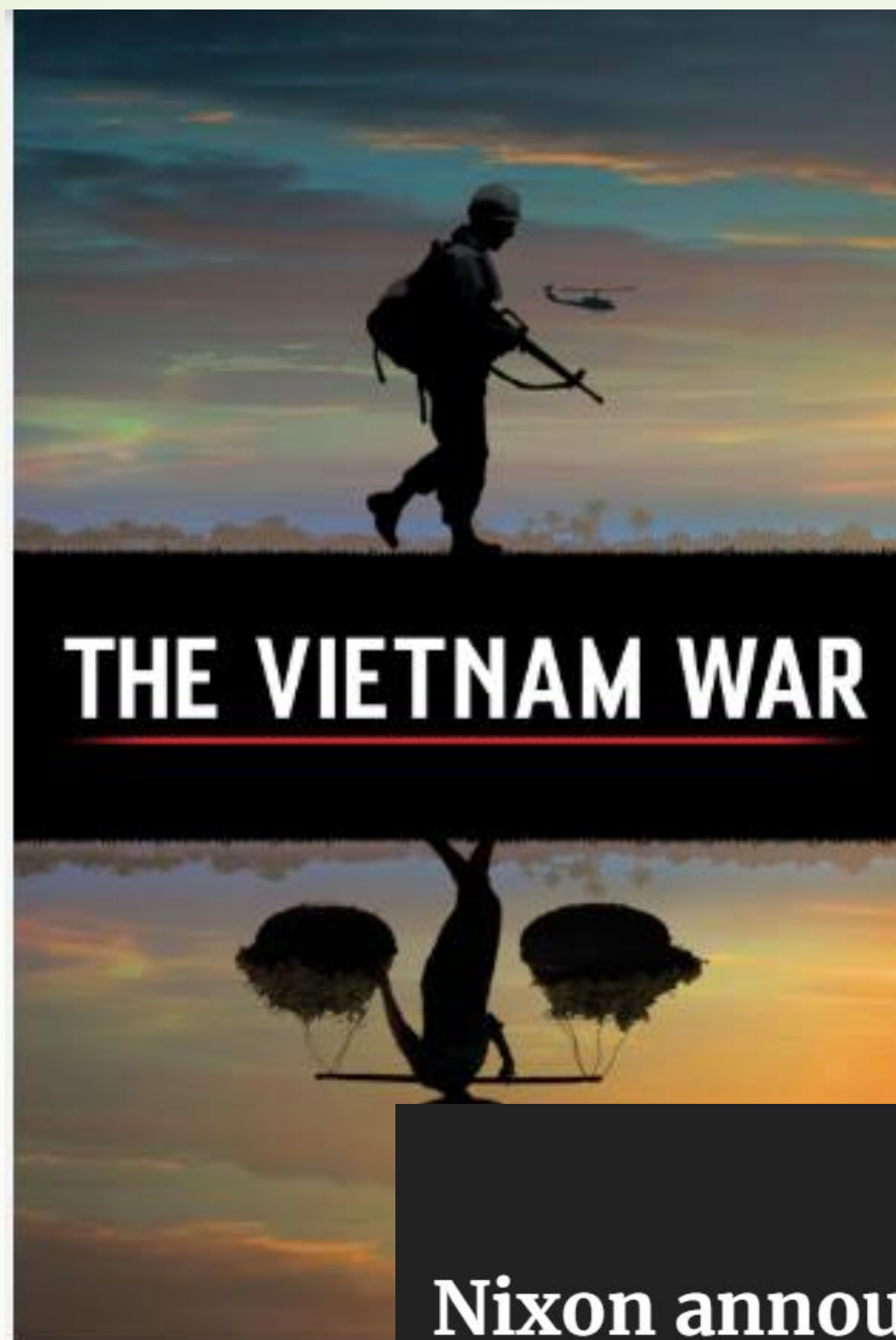
Gregory Rosenthal

Inventions



1974





Nixon announces he will resign

[Read more →](#)



Photo Credit: Getty Images / Wally McNamee / Con

Program Sharing Conference, 1974

- First held at St. Cloud State College on campus during Winter Break
- Gathering practitioners to share their best ideas and to learn from each other
- Keynotes
- Cutting edge information



The Little Book of Race and Restorative Justice

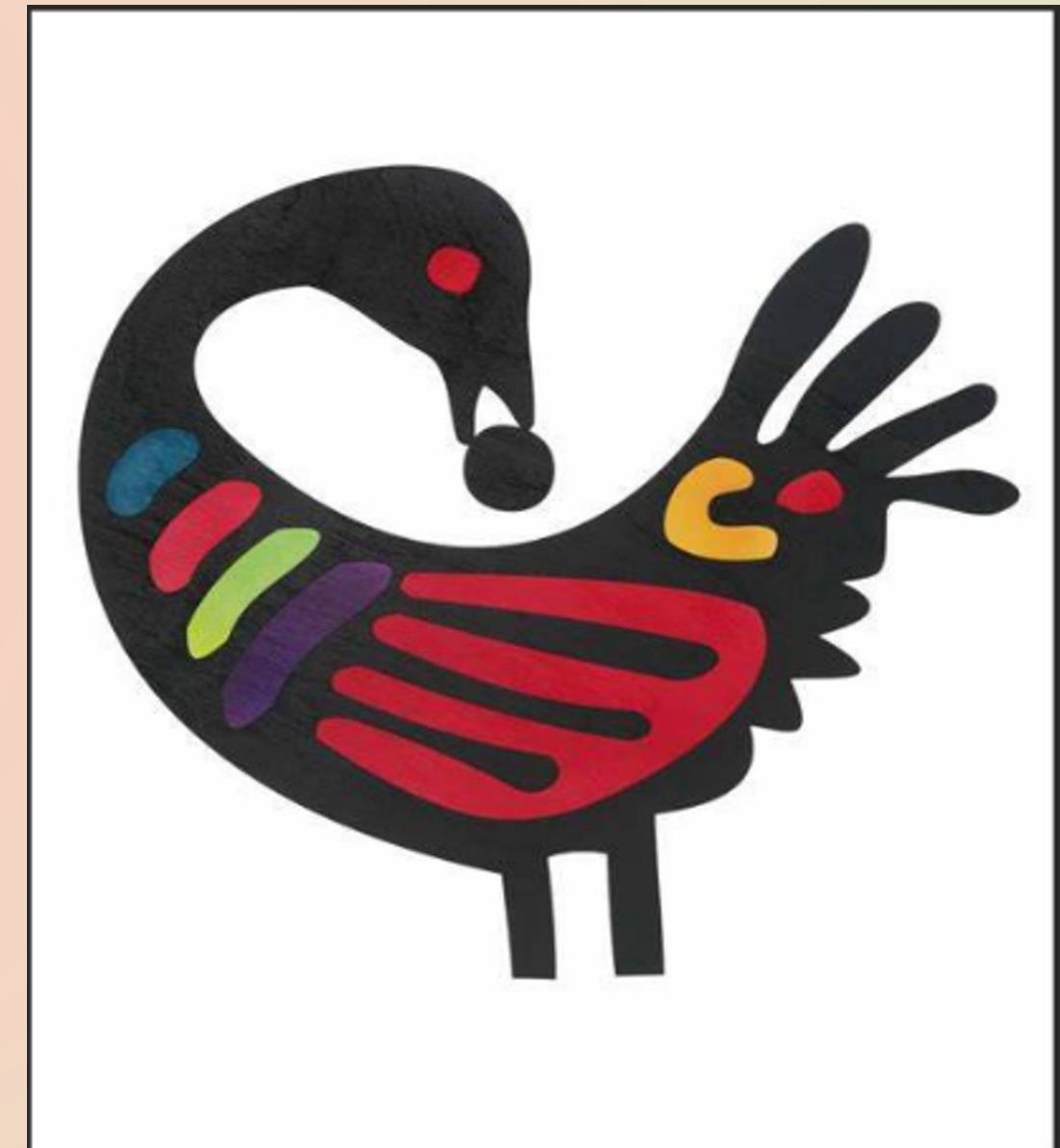
The bird looks backward to bring forth the seed of a new future.

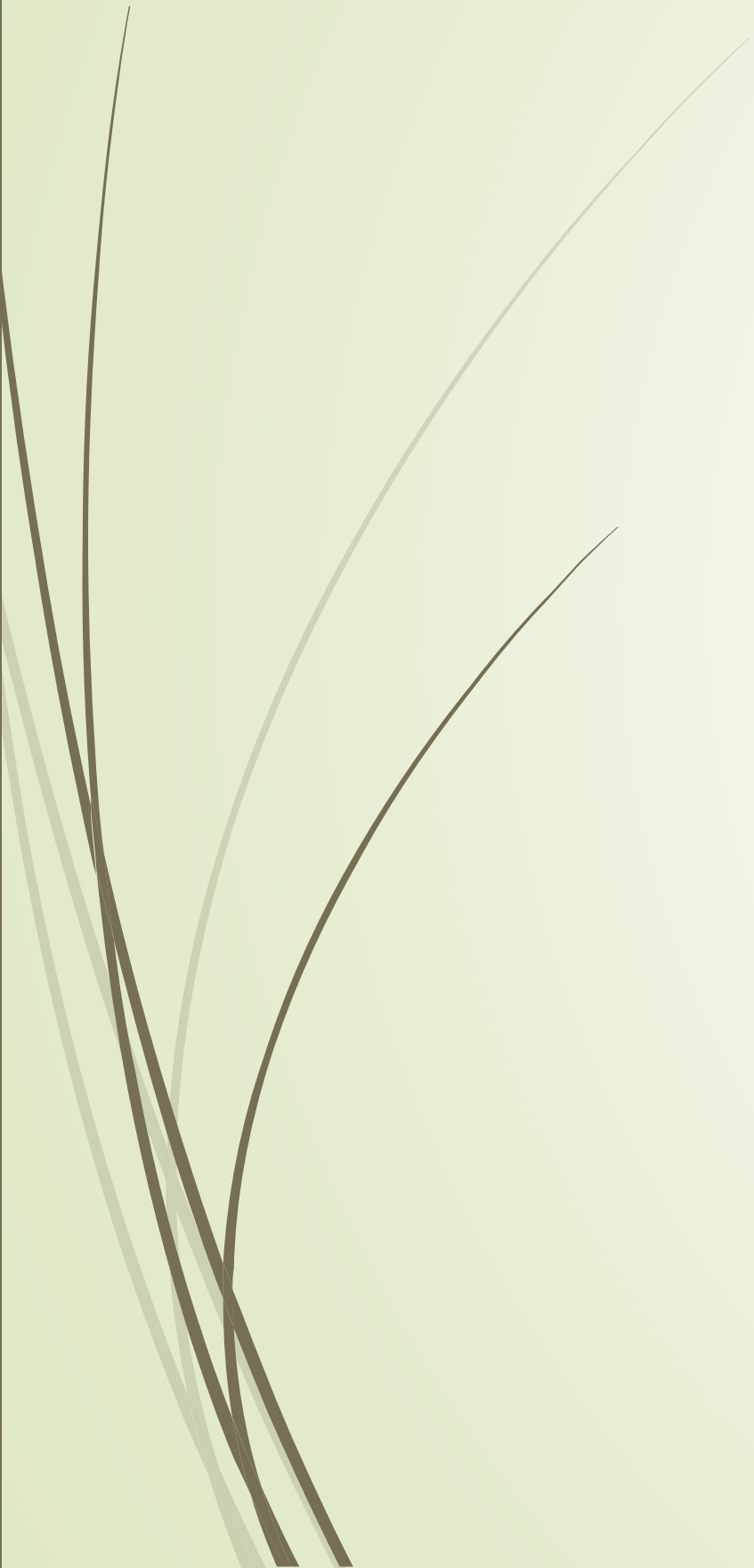
Let us go back to the past to fetch that which is useful for the future.



How far back can you reach?

- **Stand.**
- Sit if:
- This is your first conference.
- Have attended only during this century.
- Have attended anytime in the last century back to 1975
- Stand if you were at the first conference!







Minnesota History of CD treatment

- 1919 Andrew Volstead, a Granite Falls congressman writes a bill to enforce prohibition: “The Volstead Act.”
- 1933 Prohibition repealed.
- 1940 Pat Cronin, a Minneapolis skid-row drunk, steals Alcoholics Anonymous’ *Big Book* from the Minneapolis Public Library and quits drinking. Cronin founds the **first AA chapter in Minnesota**.
- 1948 Pioneer House, a new 12-step treatment center on Medicine Lake, hires Cronin as a counselor.
- After its first year, Pioneer House, buys **Hazelden Farms** in Center City.
- Over the next two decades, Hazelden develops the Minnesota Model.



Minnesota Model for Substance Abuse Treatment

- Mutual respect
- Primary, progressive disease
- Multi-disciplinary—doctors and nurses, psychiatrists and social workers, and clergy
- Professionalized recovering addicts as counselors
- Treatment and after-care

A Program Sharing Story, 1995



- ▶ Support and accountability in the frame of youth leadership
- ▶ Restorative Measures: Respecting Everyone's Ability to Resolve Problems -
 - ▶ Document created to explain restorative justice principles to educators, 1996.



Weaving



Treatment elements

- Mutual respect
- Primary, progressive disease
- Multi-disciplinary—doctors and nurses, psychiatrists and social workers, and clergy
- Professionalized recovering addicts as counselors
- Treatment and after-care

Prevention elements

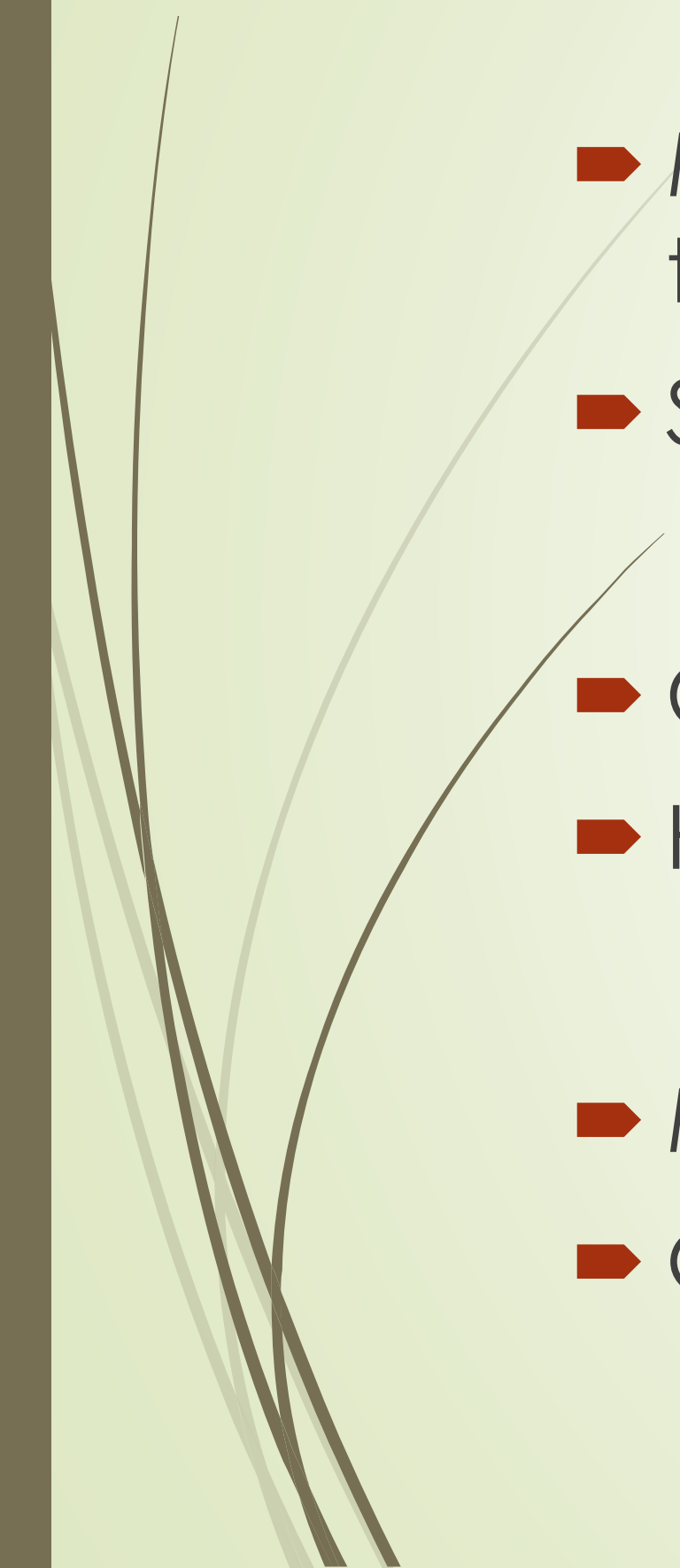
- Respect for young people—to look again
- Chemical use and misuse is a public health problem, not a discipline problem
- Trusted, competent and caring adults in all areas
- High quality youth programming—youth leadership
- Education; assessment, on-going support and accountability

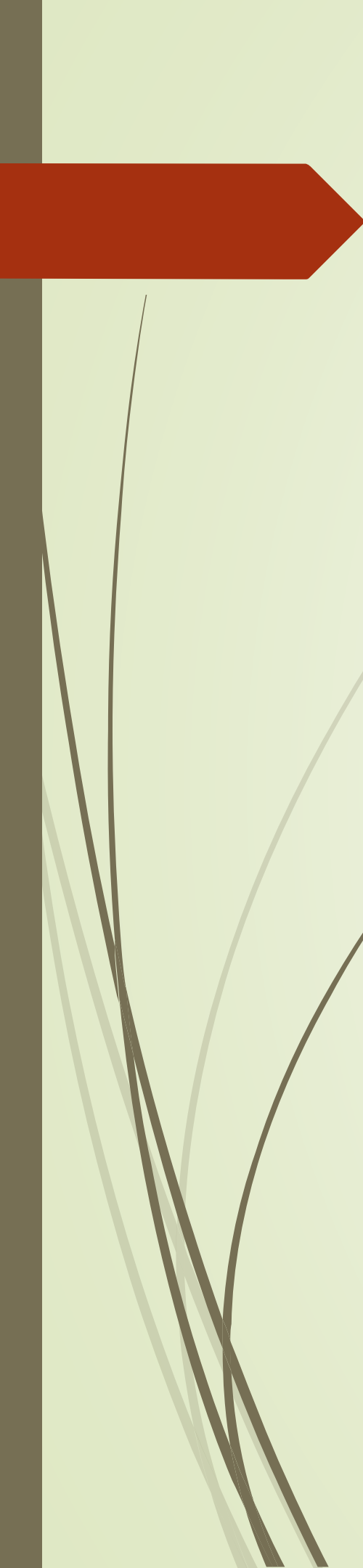
**50 Years Prevention
Education—some
highlights**


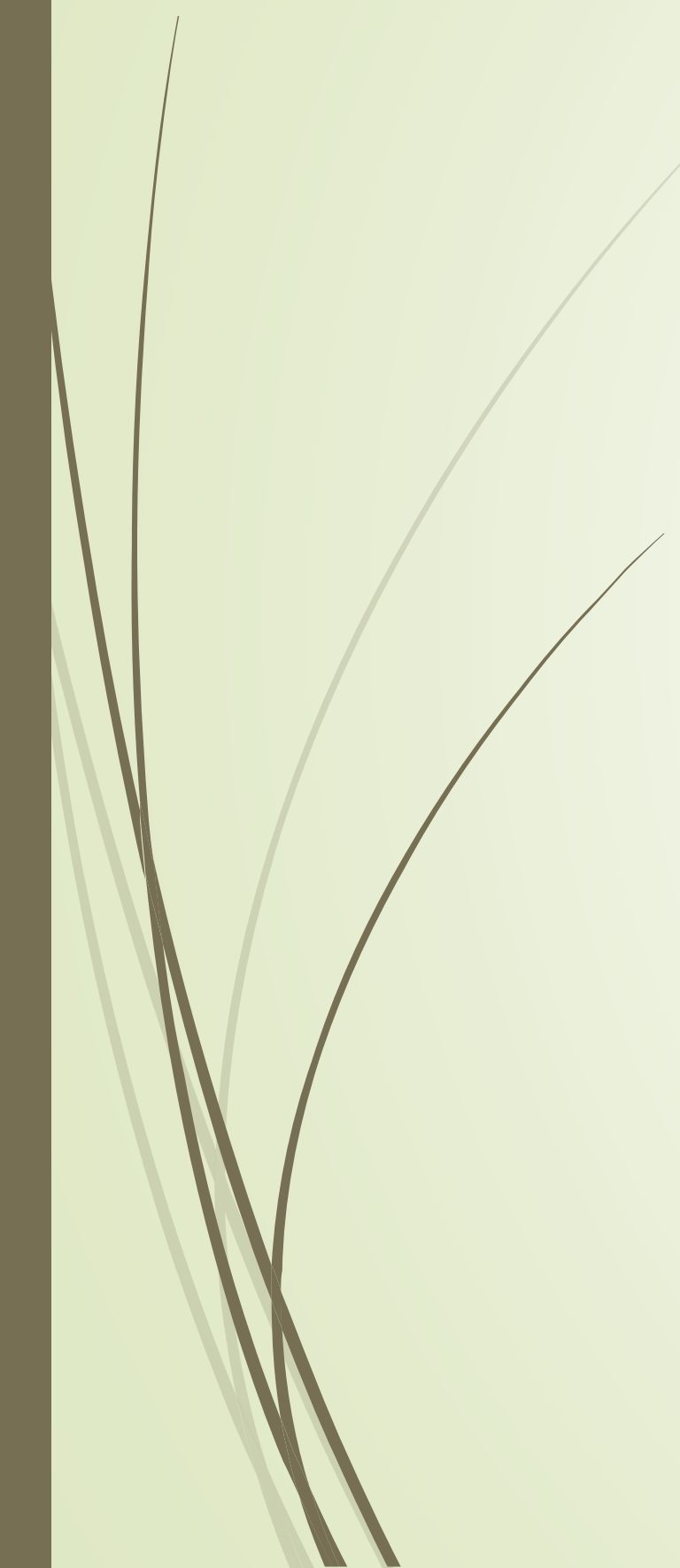




50 years of weaving prevention

- MN tradition of social support and innovation—established the MPRC
 - Sexual Assault (1971) and Domestic Violence shelter (1972)
 - Child Sexual Abuse Prevention Education—1977-78
 - HIV/AIDS Prevention Education—1980's
 - Minnesota Student Survey—1989
 - Gay, Lesbian Straight Educators Network(GLSEN)—1990
- 

- 
- Social Emotional Learning—CASEL 1994
 - Search Institute: Developmental Assets—1958 developmental assets 1990 (30) then 1996 (40)
 - National Longitudinal Study of Adolescent Health: School Connectedness makes a difference in the lives of children 1997
 - Restorative Measures: Respecting Everyone's Ability to Resolve Problems, 1996
 - Secret Service Report on School Safety, 2004

- 
- 
- ACES Study—1996 and Minnesota's ACES education effort 2013
 - Safe and Supportive Schools Act: 2014
 - The Little Book of Race and Restorative Justice Dr. Fania Davis, 2019
 - The Pandemic 2020-22,23, 24...
 - Becoming a Trauma Informed Restorative Educator, 2024, Brummer and Thorsborne

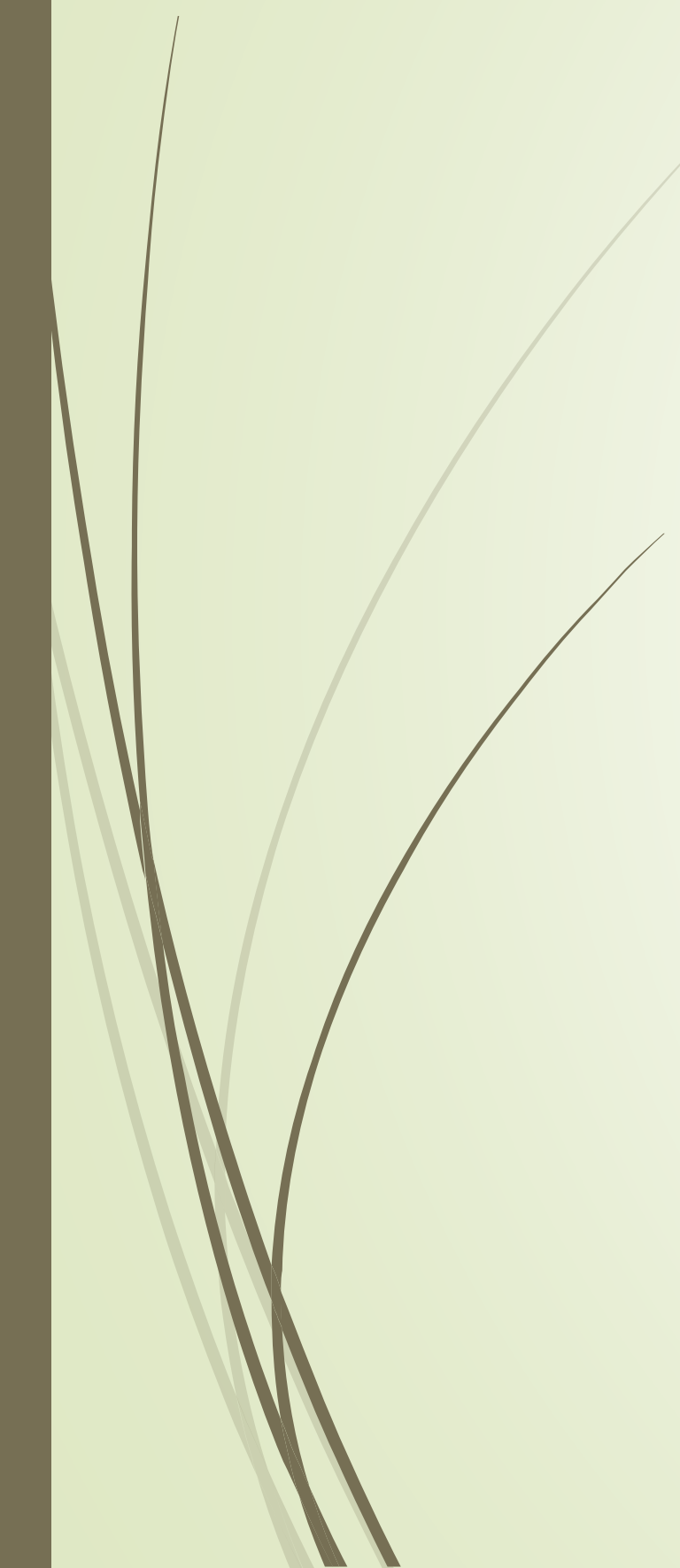


Share and pair

- What is a key prevention concept—your frame—that you depend upon?



We know

- Humans are wired for belonging.
 - Empathy, cooperation, generosity, and connection
 - Humans are wired for social learning.
 - Our positive relationships trigger our brain chemistry to be more plastic, enabling us to learn more easily.
- 



Ever Evolving Challenges

- Surgeon General's Advisories on
 - [Firearm Violence - PDF](#),
 - [Loneliness and Isolation - PDF](#),
 - [Social Media and Youth Mental Health - PDF](#)
 - [Advisory on the Mental Health and Well Being of Parents](#)
- The impact of trauma [A Practical Guide for Implementing a Trauma Informed Approach](#)
- [The Impact of Artificial Intelligence on Education.](#)
- [Alcohol, tobacco and marijuana most commonly used substances. Vaping has increased.](#)
- Cultural expectations and social norms challenged.

My Weaving

Frame

- Community

Warp

- Belonging

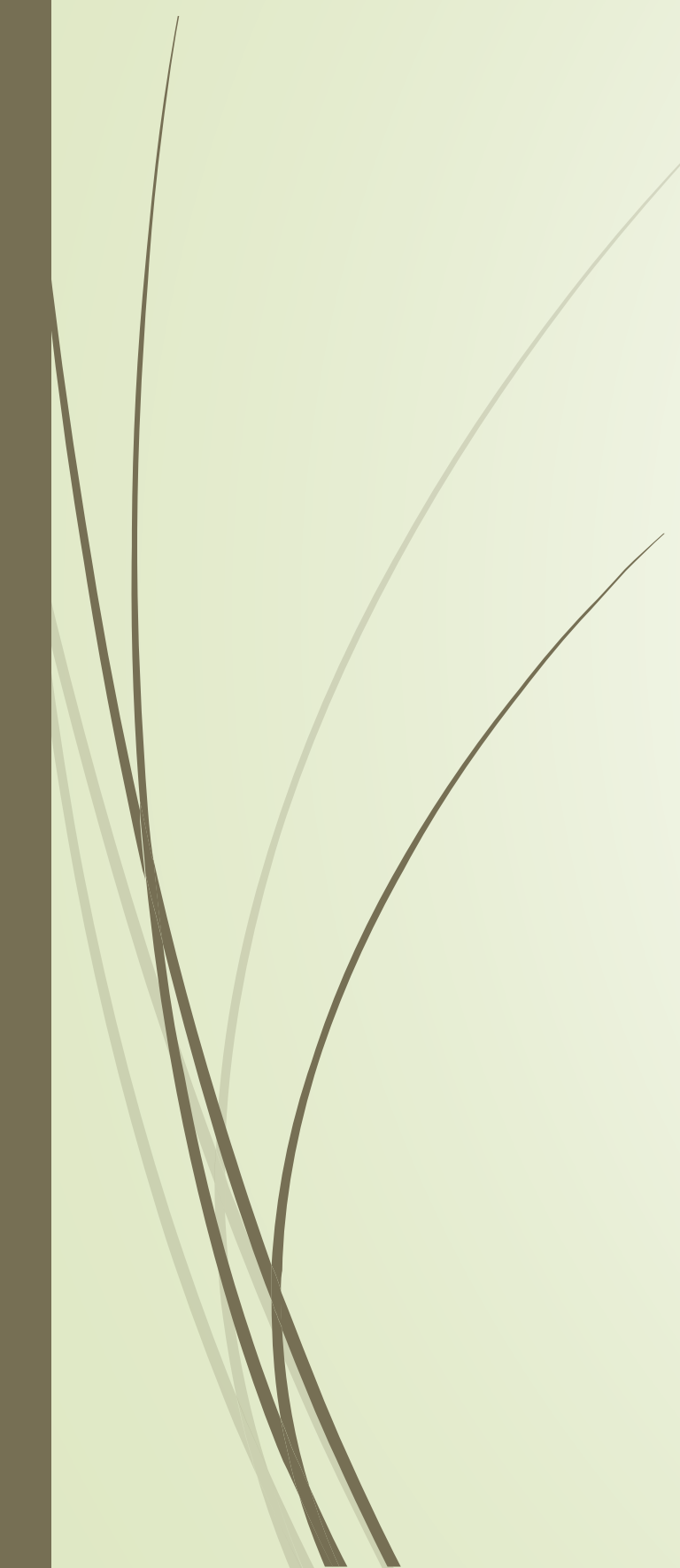
Weft

- Learning



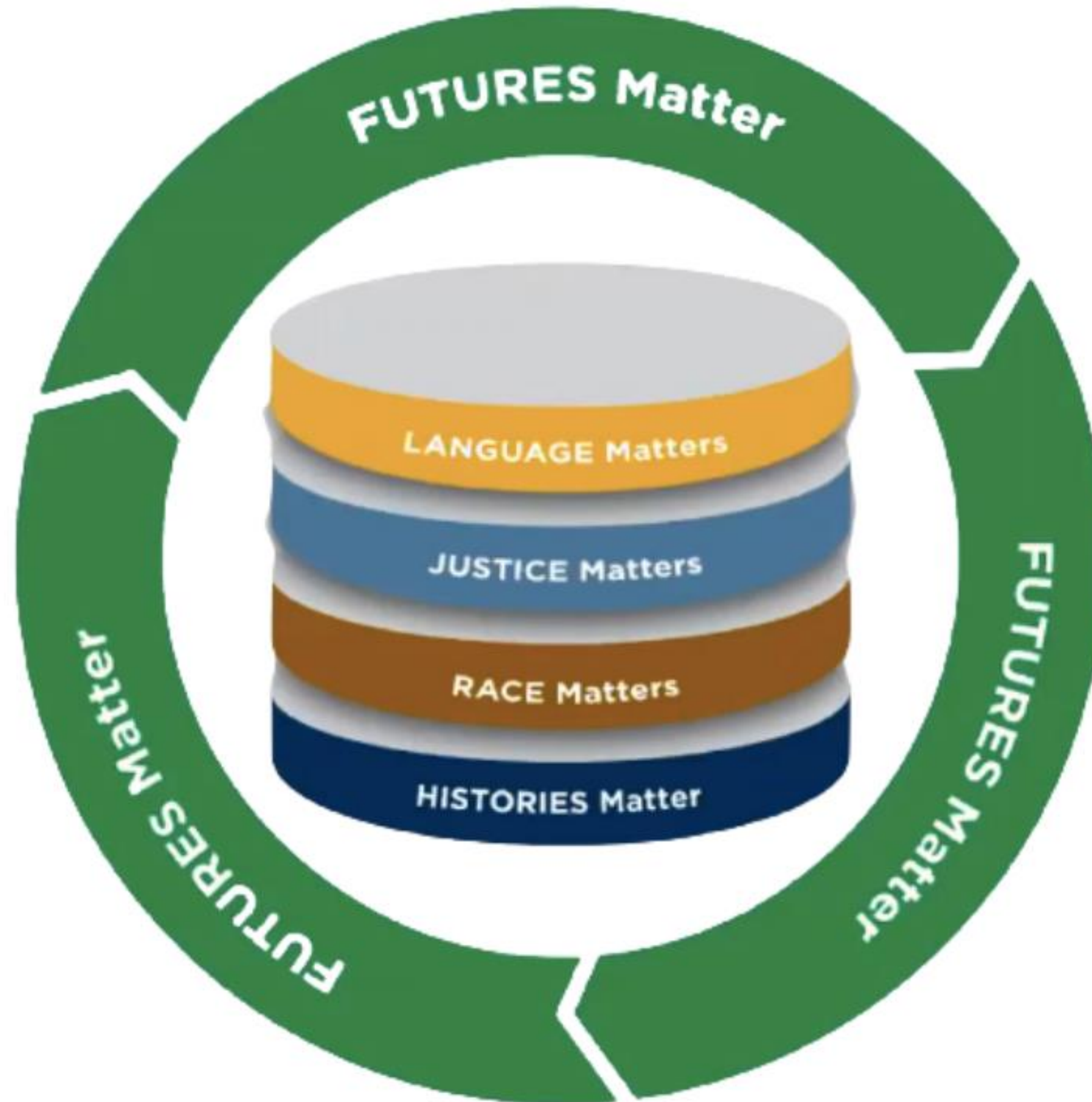


What I learned over 50 years

- Every child has a story
 - Children and youth need competent and caring adults
 - Comprehensive sexuality education, social emotional learning and media literacy provide students with survival skills
 - School can be one big prophylactic
 - Exclusion is a source of violence
 - Bullying is a relationship problem and requires a relationship solution
 - What happened?
 - History matters
- 

History Matters





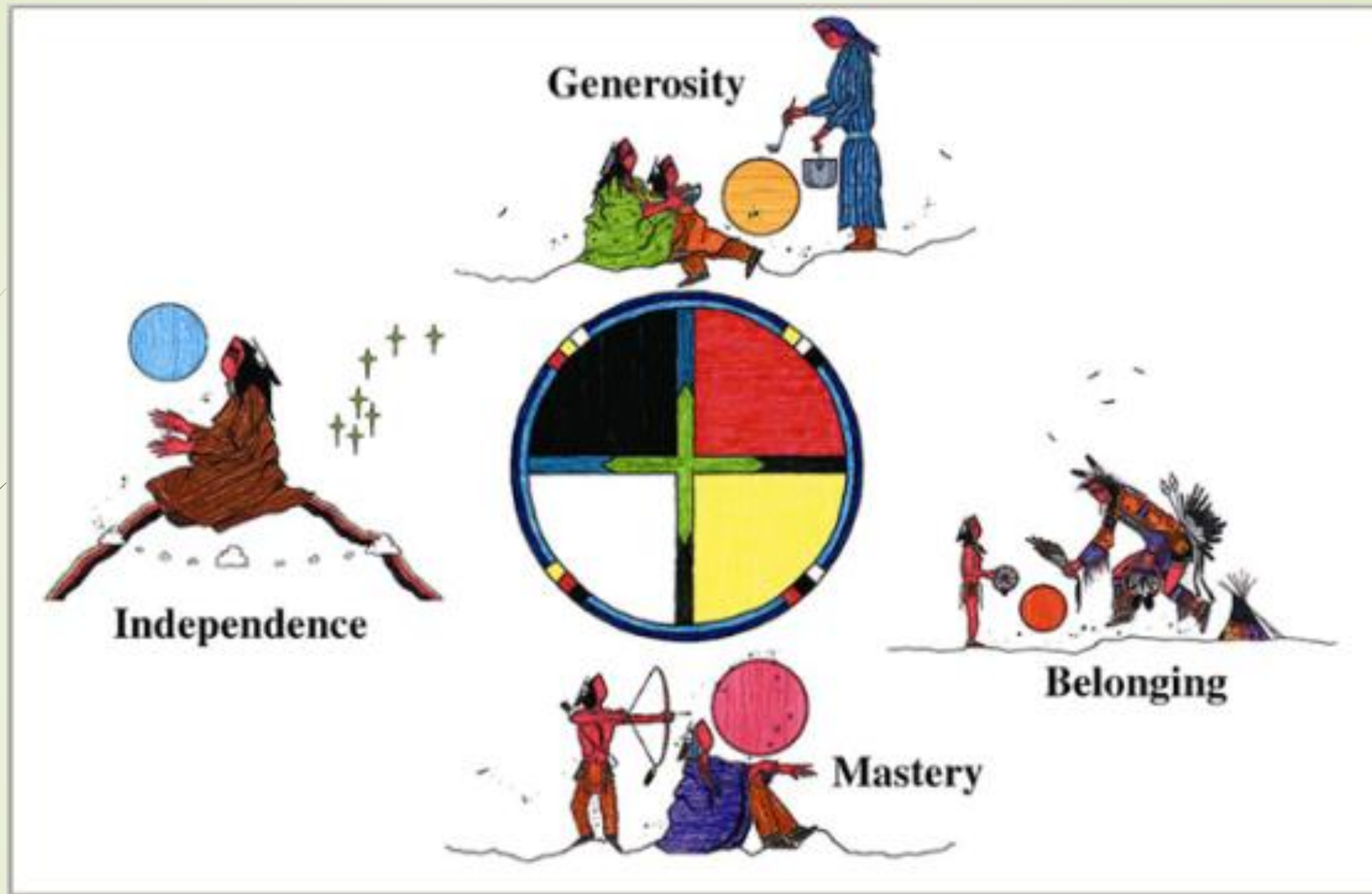
**From
*Justice on
Both Sides,*
by Dr.
Maisha
Winn**

Resilience is common and... arises from ...normal rather than extraordinary human capabilities, relationships, and resources.



In other words, resilience emerges from *ordinary magic*.

— Ann Masten, 2009



Circle of Courage—Martin Broken Leg and Steve Van Bockern, 2003

Woven, Weaving


What are you
weaving?

What is your frame,
your warp and your
weft?





What is the hidden skill,
your ordinary magic?



*When we are new and when we are fresh and young,
our hearts are very open in a way that they may never again be the rest of our lives,
so the impressions that are made on us
and the good that is done for us,
the kindness and generosity by which a child lives, are never forgotten.
Never forgotten.*

*Nothing that you ever do for a child is ever wasted.
Ever.*

*You may never know exactly what the child saw,
or how that child received it,
but any gift you give to a young person is permanent....
because it is then given to other people
and that is as permanent as we know.*

➤ *Garrison Keillor*



Thank you!

Nancy Riestenberg

Na.riese@gmail.com



Resources



- Minnesota Department of Education, Equity Diversity and Inclusion Office
 - Suzan.Sahama@state.mn.us - Non-exclusionary Discipline, Restorative Practices, Anti-biased Trauma Informed Education and Equity Programming
 - Darron.Sherrill@state.mn.us - LGBTQIA+, Social Emotional Learning, Violence Prevention, Bullying, and Crisis Management.
 - Lisa.Hoogheem@state.mn.us - Mental and Physical Health, Statewide Nurse Support, Student Support Personnel, Project AWARE
 - lee.her@state.mn.us - Public Engagement, Multilingual Support and Outreach
- Minnesota Department of Health [Healthy Communities](#)
 - Heather.Hirsch@state.mn.us – Tobacco Prevention, MDH [MDH E-cigarettes and Schools Website](#)
- [Minnesota Student Survey](#)

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**MINNESOTA PREVENTION
PROGRAM SHARING
CONFERENCE**

presented by the

Minnesota Prevention Resource Center